

Post-Secondary Education for Individuals with Intellectual and Developmental Disabilities in Missouri

#### **INTRODUCTIONS**

- The MIPSA Team
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  - April Regester University of Missouri, St. Louis
  - Jonathan Lidgus University of Missouri, St. Louis
  - Michael Brunkhorst University of Central Missouri
  - Rachel Heinz Missouri State University
- Session Overview
  - Opening the Door for Inclusive Postsecondary Education
  - Development of the Midwest Inclusive Postsecondary Alliance (MIPSA)
  - Missouri Programs and Leadership
  - Connecting with Families Early
  - Q & A

# Opening the Door for Inclusive Postsecondary Education

The Higher Education Opportunity Act of 2008 - primary focus on improving access through affordability and accountability

- Expanded definition of postsecondary education
- Defined comprehensive transition and postsecondary programs for students with intellectual disabilities
- Provided access to federal student aid

### Use of Federal Funds for College-based Programs

US Dept. of Education clarified that VR and IDEA funds can be used to help students with disabilities access postsecondary education opportunities.

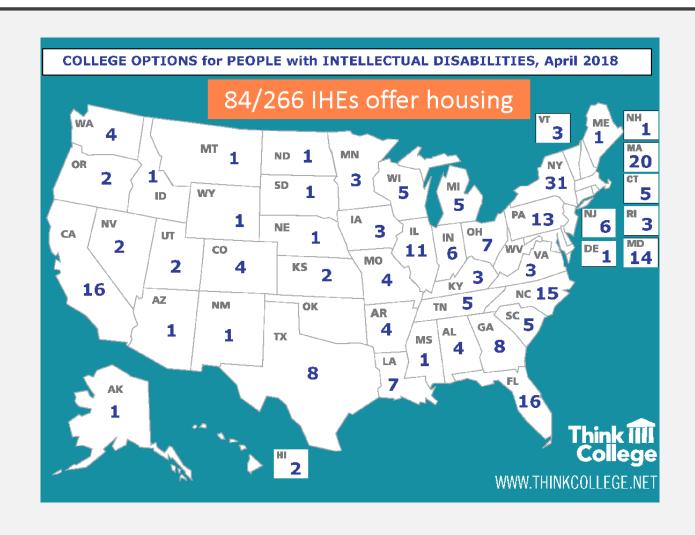
#### Q&A clarification letter addresses

- The opportunity for students and youth with disabilities to enroll in comprehensive transition and other postsecondary programs
- The coordination of transition-related services that students with disabilities may receive under the IDEA and under the VR program; and
- The financial aid available to students with disabilities enrolled in comprehensive transition and postsecondary education programs for students with intellectual disabilities offered at IHEs

#### Impact of TPSID Since 2010

- Supported the creation of 93 programs at 90 colleges and universities
- Served almost 3,400 students with I/DD in 31 states
- Changing postsecondary education to become more responsive to diverse learning needs
- Interpretations of WIOA resulted in VR agencies deeming TPSID students ineligible for services
- 65% of graduates have paid employment one year after graduation,
   significantly higher than national rate of 17% (National Core Indicators,
   2018)

### Living on Campus



#### Impact: Employment

- Individuals with I/DD who had postsecondary education were more than twice as likely to be employed than their counterparts who did not have postsecondary education.
- Individuals with I/DD who received postsecondary education had increased earnings; they earned \$406 more per month than their counterparts who did not receive postsecondary education. These findings support evidence from the general population, that postsecondary education improves employment and earnings (Carnevale, Rose, & Cheah, 2013).
- Individuals with I/DD who had postsecondary education required \$77 less per month in SSI benefits than their counterparts who did not have postsecondary education.
- The higher the proportion of individuals with I/DD served by the state VR agency, the better employment outcomes for individuals with I/DD.

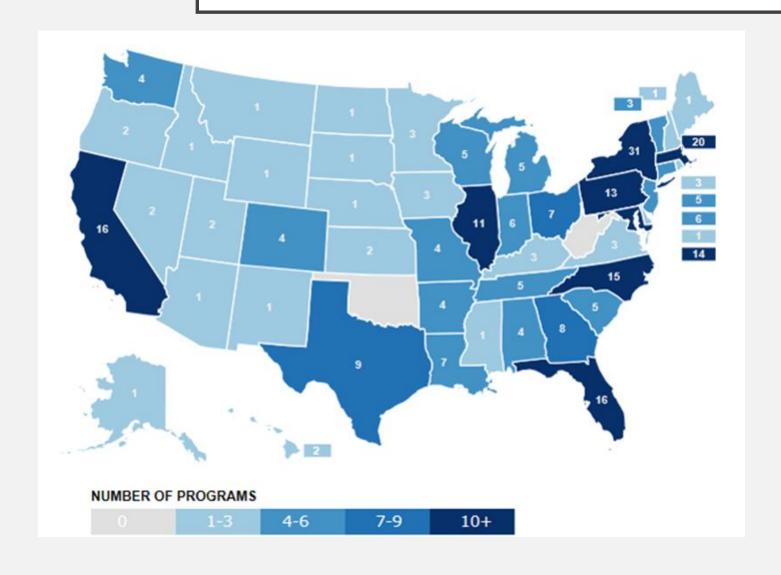
# Midwest Inclusive Post Secondary Alliance (MIPSA) Development & Importance

**July 2017** - Summit at UMKC, early development of a collaborative approach **Think College Grant** - Strategic Capacity Building Proposal

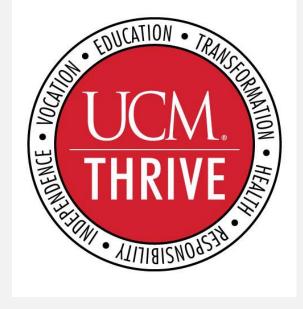


Importance - Sharing ideas/practices (regional meetings), advocacy, policy impact, research on effective practices to determine what is working/not working, support developing/new programs to provide more access to PSE's in MO and surrounding states.

### Programs in Missouri



- Currently over 270 college programs in the United States for students with IDD
- ThinkCollege.net
- Four CTP approved programs in Missouri
- Location rural vs urban
- Program structure academic courses, support sessions, internships, etc
- Available supports to students varies by program
- Having options is important for all students and families



- 2018 Education Survey: Students enrolled in-Trade School-I, Community College-5|8, Graduated/Enrolled in 4-year college-7|11, Students enrolled in another Post-Secondary Transition Option-2.
- 16-18 Students per year, have supported over 141 students
- Over 28+ diverse Internships have been offered to individualize the program options.
- Collaborative effort-THRIVE Advisory Committee, Office of Accessibility, Kinesiology Department, Welch-Schmidt Disorders Clinic, Counseling Ed Dept., UCM Technology Dept., Public Safety, Title IX, Local Businesses, UCM Organizations, UCM Professors, Sodexo, and More.
- The setting in Warrensburg, Missouri is a more Rural-small town feel.
- UCM-THRIVE Program



- 7-Years Old
- On and Off Campus internships
- Graduates: 67
- Graduates move on to full time employment or continue education
- 90% full time employment rate within 6 months of graduating
- Succeed supports 14 degree seeking students
- Summer Enrichment Program available to high school students

umsl.edu/succeed

# **UMSL** Succeed



- Mission: To provide an opportunity for students with intellectual and developmental disabilities to develop the skills necessary to become participating members of their community through inclusion in university life and, in so doing, to enrich the diversity of the university.
- Three service programs
  - Two-Year Chancellor Certificate Program for individuals with I/DD
  - 3rd Year Vocational option
  - Link
- 18-26 enrolled students per year
- Inclusive Housing Options (dorms/apartments) + Commuters
- Inclusive Program Outcome Pillars (LIVE, LEARN, WORK, PLAY)
- Strong community partnerships: St. Louis Arc, Paraquad, Special School District
- Strong UMSL partnerships
- Parent Support Program Joyzen
- 5 full-time staff, Interns, Volunteers, Student Workers



Mission Statement: To effectively utilize existing campus and community resources to create an inclusive academic college program that generates individual outcomes for students with intellectual disabilities in the areas of education and employment.

#### Highlights:

- 5 semester inclusive college program for students with intellectual and developmental disabilities
- students live in the residence halls and learn independent living skills
- take college courses and engage in internship experiences
- gain a circle of support from Ambassadors who mentor students in the areas of academics, social, and health and wellness
- students get a certificate after graduation

- ★ Approved CTP program
- ★ Launched in January 2019
- ★ Each cohort includes up to 10 students
- ★ Credit and audit options for students based on individualized goal setting and career planning
- ★ Highly inclusive
- ★ Internships on campus and in community
- ★ Strong community partnerships Arc of the Ozarks, Abilities First, local and surrounding SB40 Boards

Bear POWER Website:

www.missouristate.edu/bearpower

**Email Contact:** bearpower@missouristate.edu



Current enrollment: 50

Graduates: 21

Certificate: Leadership, Employment, and

Community Engagement

All students participate in a minimum of

4 work-based learning opportunities

Outcomes:

100% of graduates were employed in

integrated settings

Over 50 students have served as Summer VISTA Associates

Mission Statement: As an inclusive postsecondary program, our mission is to promote education, independence, and employment for people with intellectual and developmental disabilities. Propel celebrates the full spectrum of ability and diversity among students, faculty, staff, and the communities we serve.

Vision: Propel aspires to be an exemplary inclusive postsecondary program that fosters diversity, inclusion, and independence to enrich the lives of the people we serve.

#### Goals

- Serve as a model of person-centered college education for all students and abilities.
- Prepare Propel students for employment in integrated work settings.
- Enhance career outcomes for Propel students and alumni.
- Provide academic, employment, and social mentoring that supports inclusion.
- Develop partnerships within UMKC, local educational agencies, nonprofits, local governments, and employers

## Why Do Families Need to Know About PSE's Early?

- Future planning works PCP, Student-led IEP's
- Skills, skills, and more skills
  - Time management & organization
  - Increase academic skills & course of study in high school
    - Access to LRE
  - Responsible for medication, appointments, & personal hygiene
  - Self determination, self-awareness, self-advocacy, choice-making, & independent living skills
  - Help create a financial plan
  - Help create social opportunities/circles of support/networking
  - Awareness of guardianship and self-directed services

#### Questions?

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